



Job Description

Position Title	Gym Instructor
Department	Office of Student Life
Reporting To	Manager Wellness & Campus Recreation
Date	July 2017
Type of Position	Full Time

POSITION DESCRIPTION

The Gym Instructor will be a part of campus recreation center. His job will be to take care of the gym, guiding the stakeholders in proper co-ordination in terms of exercise and machine usage.

DUTIES AND RESPONSIBILITIES

- ✓ Drafting complete records of students using the gym
- ✓ Cleaning and service of equipment
- ✓ Guiding and teaching proper form
- ✓ Making sure that users are following policy and guidelines of recreation center

REQUIRED JOB SPECIFICATIONS

Required Qualification	<ul style="list-style-type: none">✓ Any certification in physical training (compulsory)✓ Graduation (preferred)
Required Experience	<ul style="list-style-type: none">✓ Relevant experience to apply for the position✓ Basic First aid knowledge in case of accidents and emergencies

REQUIRED JOB COMPETENCIES (Technical and Soft Skills)

<i>S#</i>	<i>Competency</i>	<i>Criticality (High / Low / Medium)</i>
1.	Different Body mechanics	High
2.	Coaching skills	High
3.	Exercise techniques	High
4.	Communication skills	High